

# *Salt Dough Handprint*

*Ingredients - should make enough dough for 2 small handprints*

*300g plain flour (+ extra to dust work surface)*

*150g table salt*

*150ml tepid water*

## *Equipment*

*Large mixing bowl*

*Wooden spoon*

*Rolling pin*

*Cocktail sticks*

*Baking tray*

- 1) Put flour, salt and water in a large bowl.*
- 2) Mix together with a wooden spoon until it starts to form a dough (not too sticky). Add a little more water if too dry.*
- 3) Once in a dough form, move to a floured work surface and knead a little with your hands.*
- 4) Roll out with a rolling pin to about 1-1.5cm thickness.*
- 5) Press your hand down into the dough as firmly as you can and gently lift out again.*
- 6) Cut round the edge of the handprint with a knife to the size you want.*
- 7) Use a cocktail stick to etch any writing you want, e.g. your name, DOB, 'Lockdown 2020'.*
- 8) Carefully transfer dough to a baking tray and bake on lowest temperature possible for around 3 hours. Alternatively, leave to air dry for a few days to a week.*
- 9) Once cool, decorate with paints, glitter, etc.*